



**Boddington**  
DISTRICT HIGH SCHOOL

# Boddington DHS Newsletter

Term 3 Week 5 2024



**Strive**

**Considerate**

**Responsible**

## From the Principal

As a parent and a principal, I am always on the look out for good sources of information to help support children and young people. Recently I was looking at a great resource on Parenting and Mental Health, which is through Beyond Blue, and thought I would share this information in our newsletter. This resource is all about giving information, knowledge and confidence to support the young people in your life. The information on the site is divided into different age categories including;

- Pregnancy, Babies and Toddlers
- Pre-school (3-5yrs) and School-age (6-8yrs)
- Preteens (9-11yrs) and Teens (12-18yrs)

If you are looking for more ways to support your child with social skills, resiliency, friendships or mental health concerns, this website is a great source of information. You can access it through this link [Parenting and mental health - Beyond Blue - Beyond Blue](#).

Another great resource I was directed to by a psychologist who works with children and teens in the area of anxiety was 'Hey Sigmund' [Hey Sigmund | Anxiety in Teens | Helping a Child with Anxiety](#). This website has information about what anxiety is, how it presents in children and young people and strategies to support people experiencing anxiety. There are also videos that children and teenagers can watch that speaks directly to them about anxiety. One article in particular that I was reading last week had some great ways to help teenagers deal with anxiety and I have included the link to this article below. [Anxiety in Teens - How to Help a Teenager Deal With Anxiety - Hey Sigmund](#)

## OUR SCHOOL- "TEACHING MATHEMATICS IN THE PRIMARY"

Mathematics teaching at Boddington DHS is a core component of the timetable. Mathematics develops the numeracy capabilities that all students need in their personal, work and civic life, and provides the fundamentals on which mathematical specialties and professional applications of mathematics are built.

In the primary school we use a program called Stepping Stones, which is a whole school mathematics program. Stepping Stones provides students with the essential mathematical skills and knowledge in *Number and Algebra*, *Statistic and Probability* and *Measurement and Geometry*. Each Stepping Stones lesson has key components:

- Step In – Oral discussions, hands on activities and questioning are used to introduce students to the concept being covered.

## Coming Events

15 August 2024



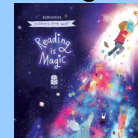
Assembly - B5  
2.10pm

16 August 2024



School  
Development Day

20 August



Book Week

22 August



One Big Voice

3 September



Jumps & Throws

6 September



Sports Carnival

Correct at time of printing

## BDHS POSITIVE BEHAVIOUR EXPECTATIONS



**Strive**

Do your best.

**Considerate**

Be caring and mindful of others

**Responsible**

Do what is expected and own your actions.

- Step Up – Students work within their Stepping Stones Work book to complete activities (supported by teacher if required).
- Step Ahead – Extension activities that require students to manipulate learnt mathematical concepts.

The school purchased a Stepping Stones text book (\$20) for every child to ensure all students have access to the program. Each classroom teacher accesses the Stepping Stones website through the interactive whiteboard in delivering each of the lessons. It is a very valuable tool in addressing the individual needs of students. As part of Stepping Stones, Check Ups and Performance Tasks are administered regularly by classroom teachers to assess the progress and achievement of students.

Mathematics lessons are held at common times across the primary which enables students to access the maths curriculum at their level. This means that your child may have a different teacher to their regular classroom teacher for mathematics. If you would like more information about this program, or you have any questions or queries, please do not hesitate to contact your child's teacher.

### BOOK WEEK

Next week we will be celebrating Book Week! The theme for this year is 'Reading is Magic'. Students will be participating in a range of activities throughout the week in the Library. On Tuesday 20 August students can dress up as their favourite book character and bring along their book. All parents and family members are invited to come along to the parade at 9:00am in the undercover area.

### ONE BIG VOICE

The choir have been very busy rehearsing for the One Big Voice concert which is next week on Thursday 22 August. The bus will be departing the school at 12:30 and students will be participating in rehearsals at the RAC Arena before performing at 6pm for the concert. I would like to acknowledge the efforts of Mrs Melissa Millar who is coordinating this event and has contributing many outside-of-school hours to the event. I am looking forward to watching our choir perform at this fantastic event.

### ASSEMBLY

Our next whole school assembly is tomorrow, Thursday 15 August commencing at **2.10pm** in the undercover area. The assembly will be hosted by the Year 1/2 students in Mrs Griffith's class.

### ATHLETICS CARNIVAL

All parents and family members are invited to attend these events and detailed information about each event will be sent home prior to the day.

- Day 1 - Jumps and Throws – Tuesday 3 September, School Oval
- Day 2 – Track and Team events – Friday 6 September, Town Oval

### ENROLMENTS FOR 2025

We have begun planning for next year and as part of that we are in the process of predicting our student enrolment numbers. If you know that your child is NOT returning to Boddington DHS next year, can you please let the office staff know as soon as possible. This does not apply to our Year 10 students.

### SCHOOL HATS

Just a reminder that on most days the UV Meter reading has been 3 or above which means students are required to wear hats, as part of our SunSmart Policy. Primary students are required to wear a bottle green broad brim or bucket hat. Secondary students are required to wear a plain black bucket hat or cap. If your child does not have a hat they will be required to remain in the undercover area (primary) or in the external hub (secondary). Hats are available for purchase from the Uniform Shop.

### SCHOOL DEVELOPMENT DAY

There is no school for students this Friday 16 August as it is a School Development Day. Staff will be using this day to complete student wellbeing and Autism Spectrum Disorder professional learning.

### BULLY ZERO WORKSHOPS

Over the last couple of weeks our Year 3-6 students participated in workshops around bullying, mental health and wellbeing. These workshops were delivered by the team from Bully Zero and were provided at no cost to the school thanks to the generosity of the Telethon Institute. Topics covered included resilience, emotional regulation, self-esteem, power of choice, goal setting, seeking support, change, personal strengths, conflict management and the difference between conflict and bullying. I would like to thank Mr Scott George who initiated and coordinated this opportunity for our students.

Regards

*Danielle Roache*

Principal

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## LIBRARY CORNER



It's coming up to that time of the year - One of my favourites - The CBCA Book Week.

**Theme:** Reading is Magic

**Dates:** Monday 19 till Friday 23rd August

**Event:** Dress up day and parade on Tuesday 20 August 2023, at 9.00am in the undercover area.

Happy days!!

*Mrs Sharon Bell*

Library Officer - Mon to Thurs



## CHAPPIE'S CHAT

How to be a Super Hero! (Thanks to our Bully Zero workshops this week)

1. Learn from failure (resilience is growing and FAIL = First attempt in learning)
2. Think Positive
3. Focus on your strengths
4. Understand your emotions
5. Practice Resilience

*Sharon Johnstone*

Chaplain BDHS  
(Monday, Tuesday, Friday)



## SELF-REGULATION

We all have different ways of viewing and experiencing the world. For some children and adults, adjustments are required to allow access for experiences and learning opportunities. It is important that we have conversations with our children about accepting, including, celebrating and supporting neurodivergent learners. These conversations can be hard when we are unsure of how we address them. Here is a fantastic link from raisingchildren.net about how we can have these conversations. [Neurodiversity, neurodivergence & children | Raising Children Network](#)

**FAIR ISN'T**  
everybody getting the same thing.....

**FAIR IS**  
everybody getting what they need  
In order to be  
**SUCCESSFUL.**

*Rebecca Sullivan*

Learning Support Officer



## P&C NEWS - 30 CANS IS ALL IT TAKES

Boddington District High School P&C are raising money to replace the play area at the front of the school.

If all the kids donated 30 cans each a month to our containers for change, we could raise \$7500 by the end of the year.

We will have a drop point at the front office every school day where cans can be dropped off at your convenience.

There is going to be a whole school surprise when we reach our target.

Let's make it happen.



TO DONATE TO OUR CAUSE SIMPLY  
USE OUR MEMBER NUMBER

**C10587844**

WHEN YOU RETURN YOUR 10c  
CONTAINERS AT A REFUND POINT

# Term 3 Planner B D H S Student 2024

|           | Monday                                                    | Tuesday                                                                                                | Wednesday                                                                                                   | Thursday                                                     | Friday                                                                                            |
|-----------|-----------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>1</b>  | 15 Jul                                                    | 16 Jul                                                                                                 | 17 Jul                                                                                                      | 18 Jul                                                       | 19 Jul                                                                                            |
| <b>2</b>  | 22 Jul                                                    | 23 Jul                                                                                                 | 24 Jul                                                                                                      | 25 Jul                                                       | 26 Jul                                                                                            |
| <b>3</b>  | 29 Jul<br>PEAC testing – Year 4                           | 30 Jul<br>PEAC testing – Year 4                                                                        | 31 Jul<br>PEAC testing – Year 4                                                                             | 1 Aug<br>Assembly - M2<br>2.10pm                             | 2 Aug<br>Questacon Science<br>Day – Yr 7 - 10<br><br>PROJECT<br>B.R.A.V.E<br>(BullyZero) – Yr 3-4 |
| <b>4</b>  | 5 Aug<br>National Student Vol-<br>unteer Week – Yr 7 - 10 | 6 Aug<br>National Student Vol-<br>unteer Week – Yr 7 -<br>10<br><br>iNSTRUCTa Incursion<br>– Yr 6 - 10 | 7 Aug<br>National Student Vol-<br>unteer Week – Yr 7 - 10<br><br>PROJECT B.R.A.V.E<br>(BullyZero) –<br>Yr 5 | 8 Aug<br>National Student<br>Volunteer Week<br>– Yr 7 - 10   | 9 Aug<br>National Student<br>Volunteer Week –<br>Yr 7 - 10                                        |
| <b>5</b>  | 12 Aug<br>PROJECT B.R.A.V.E<br>(BullyZero) – Yr 6         | 13 Aug                                                                                                 | 14 Aug                                                                                                      | 15 Aug<br>Assembly - B5<br>2.10pm                            | 16 Aug<br>School<br>Development Day                                                               |
| <b>6</b>  | 19 Aug<br>Book Week<br>Reading is Magic                   | 20 Aug<br>Book Week<br>Reading is Magic<br><br>Book Week Parade -<br>9am                               | 21 Aug<br>Book Week<br>Reading is Magic                                                                     | 22 Aug<br>Book Week<br>Reading is Magic<br><br>One Big Voice | 23 Aug<br>Book Week<br>Reading is Magic                                                           |
| <b>7</b>  | 26 Aug                                                    | 27 Aug<br>Year 10 Pathways<br>Parent Meeting                                                           | 28 Aug<br>P&C Fathers Day Stall                                                                             | 29 Aug                                                       | 30 Aug                                                                                            |
| <b>8</b>  | 2 Sep<br>OLNA—Yr 10                                       | 3 Sep<br>OLNA—Yr 10<br><br>Jumps & Throws                                                              | 4 Sep<br>OLNA—Yr 10                                                                                         | 5 Sep<br>REACH /<br>Happiness<br>Co incursion<br>Yr 7 – 10   | 6 Sep<br>Sports Carnival                                                                          |
| <b>9</b>  | 9 Sep<br>OLNA—Yr 10                                       | 10 Sep<br>OLNA—Yr 10                                                                                   | 11 Sep                                                                                                      | 12 Sep<br>R U OK? DAY<br><br>Assembly - B1<br>9.00am         | 13 Sep                                                                                            |
| <b>10</b> | 16 Sep                                                    | 17 Sep                                                                                                 | 18 Sep                                                                                                      | 19 Sep                                                       | 20 Sep                                                                                            |