



**Boddington**  
DISTRICT HIGH SCHOOL

# Boddington DHS Newsletter

Term 3 Week 9 2024



**Strive**

**Considerate**

**Responsible**

## From the Principal

This week our new Learning Pod arrived at the school which has been created to help support students living with autism. The alternative learning space, which can be used by all students, will assist students to reduce sensory overload, work quietly, and reflect and reset. The pod is fitted with alternative and dimmable lighting, power, a magnetic whiteboard and upholstered padded seats, walls and roof. The learning pod is portable and will initially be located in the Crossman block. It is one of many strategies that we are putting in place to provide greater support for neurodiverse students. Our students will be able to use this alternative workspace to focus on work, self-regulate behaviour and emotions, and recharge.



## OUR SCHOOL - A SUNSMART SCHOOL

Boddington DHS is a member of the nationally recognised SunSmart School program. We are registered with Cancer Council WA and have a comprehensive sun protection policy that is put into action during all outdoor school activities. Schools, in partnership with families and their communities, have an important role in reducing sun exposure because;

- Schools have a duty of care to protect students and staff from harm. A sun protection policy can assist schools to meet this obligation.
- The crucial period for sustaining damage from sun exposure occurs during the school years.
- Children are at school during peak UV radiation times.
- Schools can influence sun protection behaviours through education.

Australia has the highest rate of skin cancer in the world. Research indicates that childhood and adolescent sun exposure is an important contributing factor to the development of skin cancer. As students are at school during times when UV radiation levels are highest, schools play a major role in minimising student's UV exposure. The Cancer Council WA recommend hats and protective clothing to be worn when the UV radiation index is above 3.

Our sun protection policy has been adopted to ensure that all staff and students attending Boddington District High School are protected from skin damage caused by UV radiation from the sun. This policy is implemented throughout the year and **students are required to wear a hat outdoors when the UV Index is 3 or above**. The sun protection practices outlined in the policy are applied to all school activities, including sports carnivals, excursions and camps.

## Coming Events

12 September 2024



R U OK? Day

12 September 2024



Assembly - 9am

20 September 2024



End of Term 3

7 October 2024



Start of Term 4

Correct at time of printing

## BDHS POSITIVE BEHAVIOUR EXPECTATIONS



**Strive**

Do your best.

**Considerate**

Be caring and mindful of others

**Responsible**

Do what is expected and own your actions.

## R U OK? DAY

Thursday, 12 September is R U OK? Day and we will be hosting an event to promote this national day of action when we remind Australians that every day is the day to ask, 'are you OK?' and start a meaningful conversation. All students are invited to wear yellow clothing to school, and they will be participating in learning activities in the classroom along with an activity session at the Town Oval. Parents are encouraged to attend the sessions at the Town Oval too!



## ASSEMBLY

We have an assembly tomorrow, on Thursday, 12 September commencing at **8:50am** in the undercover area. The assembly will be hosted by the Pre-Primary students in Ms Giles's class. Please note the earlier assembly time. This is due to the R U OK? Day events being held in the afternoon.

## JUMPS & THROWS CARNIVAL

On Tuesday, 3 September we held the first day of our athletics carnival, managing to have good weather throughout the day. The students did themselves proud with the effort and enthusiasm they showed for all events. Thank you to the volunteers from Newmont and parents who volunteered their time to help on the day. Thanks also to those who came along to support their children! Congratulations to the students below who broke records for their events.

Isabelle	Yr 4 Girls Triple Jump	5.30m
Fraser	Yr 4 Boys Triple Jump	5.93m
Nicholas	Yr 7 Boys Discus	19.34m
Hunter	Yr 7 Boys Shot Put	8.87m



## FACTION ATHLETICS CARNIVAL

Congratulations to all students on the level of sportsmanship you displayed throughout the day and the way you conducted yourselves in your faction bays. Well done to Hotham Faction who were the overall winners and to the champions and runners up for each of the age groups. Special thanks to the volunteers who assisted with place judging and a big thank you to all parents and family members for your support and cheering of all three factions. Well done to Ms Wotherspoon, Mrs Cunnington, Mr George, Mrs Millar and Mr Batt on organising a fantastic Faction Athletics Carnival.



## COMMUNITY SUPPORT

A big thank you to Snowy Durack, Rob Larsen and Luke Bell who assisted the school with preparing for our Sports Carnival. We really appreciated Snowy's help marking out the track and field lines on the Town Oval, and Rob's and Luke's help using the mini excavator to prepare our Jump pits. Thank you!



## TERM DATES

Please note that the last day of the term is Friday, 20 September. Students return to school on Monday, 7 October for Term 4. Our School Development Day, where teachers will be engaging in professional learning and planning for 2024, will be on Friday, 1 November.

Regards

*Danielle Roache*

Principal

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## WHAT IS RESILIENCE?

It was great to see the positive attitudes and encouraging sportsmanship happening during the sports carnival. It can be hard to overcome nerves and participate in sporting events, but each time a child overcomes a problem, it builds their confidence in their ability to handle the next challenge. This is **resilience** and children learn resilience through experience.

Resilient children are less likely to avoid problems or deal with them in unhealthy ways, like getting defensive or aggressive or intentionally hurting themselves. Resilient children are also likely to have better physical and mental health than children who struggle to be resilient. Find out more about building resilience and the foundations of strong relationships through the raisingchildren.net.au website.

[Building resilience in children 3-8 years | Raising Children Network](#)

*Rebecca Sullivan*


Learning Support Officer



# ATTENTION!

As we come to the  
End of the TERM  
Please

**RETURN!**  
**RETURN!**  
**RETURN!**

Your  that you have  
out.

Have a wonderful holiday  
break.

## CHAPPIE'S CHAT

The season's are changing (from footy to cricket). But are you ok? Are you coping? It is absolutely ok not to be ok. However, it is important that you get support. This support can come from people you know or a counsellor who you don't know (from my experience, a person removed from the situation can be helpful at times).

I really encourage you all to check in on each other, especially this month being the R U OK? Day Month.

Thank you!

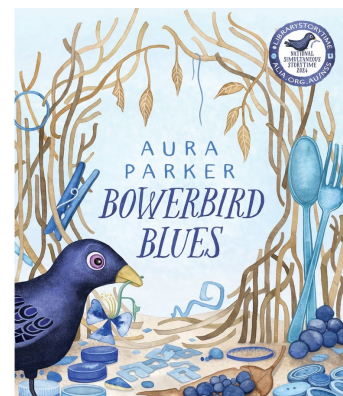
*Sharon Johnstone*

Chaplain BDHS  
(Monday, Tuesday, Friday)



## LIBRARY CORNER

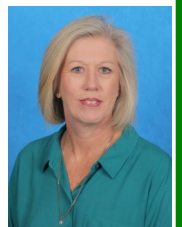
National Simultaneous Storytime 2024 was our most successful day, with an incredible 2,359,147 people joining in the shared reading of 'Bowerbird Blues'. Boddington District High School proudly participated in this celebration of literature, contributing to a truly memorable day for readers across the nation.



Happy days!!

*Mrs Sharon Bell*

Library Officer - Mon to Thurs



# BDHS RSPCA



## DAY



**On the 13th of September, Week 9, Friday,  
BDHS Student Council is holding a  
fundraiser!**

**Please bring a gold coin donation, and/or  
an old or unused, good condition, blanket  
or rugs. The donation box will be placed in  
the front office for blanket and rug  
donations, and gold coin donations will be  
collected by the BDHS Student Council.**

***Brrrrrrrrrrrr! Its cold out here in winter. Help to  
keep our fury friends warm !***

# Term 3 Planner B D H S Student 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	15 Jul	16 Jul	17 Jul	18 Jul	19 Jul
<b>2</b>	22 Jul	23 Jul	24 Jul	25 Jul	26 Jul
<b>3</b>	29 Jul PEAC testing – Year 4	30 Jul PEAC testing – Year 4	31 Jul PEAC testing – Year 4	1 Aug Assembly - M2 2.10pm	2 Aug Questacon Science Day – Yr 7 - 10  PROJECT B.R.A.V.E (BullyZero) – Yr 3-4
<b>4</b>	5 Aug National Student Vol- unteer Week – Yr 7 - 10	6 Aug National Student Vol- unteer Week – Yr 7 - 10  iNSTRUCTa Incursion – Yr 6 - 10	7 Aug National Student Vol- unteer Week – Yr 7 - 10  PROJECT B.R.A.V.E (BullyZero) – Yr 5	8 Aug National Student Volunteer Week – Yr 7 - 10	9 Aug National Student Volunteer Week – Yr 7 - 10
<b>5</b>	12 Aug PROJECT B.R.A.V.E (BullyZero) – Yr 6	13 Aug	14 Aug	15 Aug Assembly - B5 2.10pm	16 Aug School Development Day
<b>6</b>	19 Aug Book Week Reading is Magic	20 Aug Book Week Reading is Magic  Book Week Parade - 9am	21 Aug Book Week Reading is Magic	22 Aug Book Week Reading is Magic  One Big Voice	23 Aug Book Week Reading is Magic
<b>7</b>	26 Aug Year 10 Pathways Par- ent Meetings	27 Aug Kindy Green - P&C Fathers Day Stall	28 Aug	29 Aug	30 Aug P&C Fathers Day Stall
<b>8</b>	2 Sep OLNA—Yr 10	3 Sep OLNA—Yr 10  Jumps & Throws	4 Sep OLNA—Yr 10	5 Sep REACH / Happiness Co incursion Yr 7 – 10	6 Sep Sports Carnival
<b>9</b>	9 Sep OLNA—Yr 10	10 Sep OLNA—Yr 10	11 Sep	12 Sep R U OK? DAY  Assembly - B1 9.00am	13 Sep
<b>10</b>	16 Sep	17 Sep	18 Sep	19 Sep	20 Sep